

**Oral Surgery
Post Operative Care**



Dr. Allan J. Libunao
Dr. Richard H. Kim

580 East Boughton Road
Suite B
Bolingbrook, IL 60440
Office (630) 972-1599
Fax (630) 972-1050

24 hour answering service

Bleeding

Bite down on gauze for 1 hour, or until bleeding has stopped. Extra gauze will be provided if bleeding resumes. Oozing of blood is normal for the first 24 hours. Excessive bleeding can be controlled by first rinsing the surgical site thoroughly, then biting down on gauze or a tea bag for 1 hour.

DO NOT use a straw for the next 24 hours. After 24 hours, rinse mouth with warm salt water after every meal for the first week. Brush your teeth as usual but stay away from the areas of surgery. Pain in the surgical area, the ear, adjacent teeth, difficulty in swallowing and opening the mouth, alterations in your bite, swelling and bruising may occur and are quite normal.

Swelling

Your swelling will take 48 hours to reach its maximum and then will slowly subside. To minimize the swelling, apply ice to the side of your face at 20-minute intervals for the first 48 hours. After the third day, if swelling is still present, use moist heat instead of ice.

Diet

Stay on a soft food diet for the first 3 days (i.e., soups, juices, milk shakes, mashed potatoes, etc.) Good nutrition is necessary for normal healing.

Smoking

Do not smoke or vape for 3 days after surgery, as it tends to disturb the healing and may cause a dry socket.

Medications

1. Antibiotics – if you were prescribed an antibiotic medication (e.g., amoxicillin, clindamycin, z pack) please complete the entire course as prescribed. Antibiotic medications can decrease effectiveness of oral contraceptives, please use alternate forms of contraception while on antibiotics.
2. Ibuprofen—if you were prescribed ibuprofen, this is your main pain medication. Please start taking ibuprofen within 2 hours of completion of your procedure. Continue taking ibuprofen every 6 hours for the first 72 hours post-surgery. After the first 72 hours, take ibuprofen as needed.
3. Narcotic pain medications (e.g., hydrocodone with acetaminophen—Norco, acetaminophen with codeine—Tylenol 3) – if you were prescribed a narcotic pain medication, take this if ibuprofen or non-narcotic pain medication is inadequate. You may take this in addition to ibuprofen or other non-narcotic pain medications. Please take with food and do NOT drive, operate heavy machinery, or perform strenuous activities while taking narcotic pain medications.

**IN CASE OF ANY UNUSUAL OCCURRENCES,
PLEASE CALL OUR OFFICE 24-HOUR EMERGENCY
SERVICE
(630) 972-1599**

11/1/2022